

# Celebrate Discomfort!

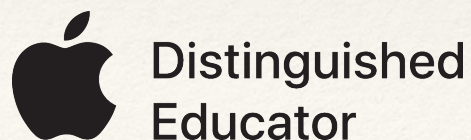
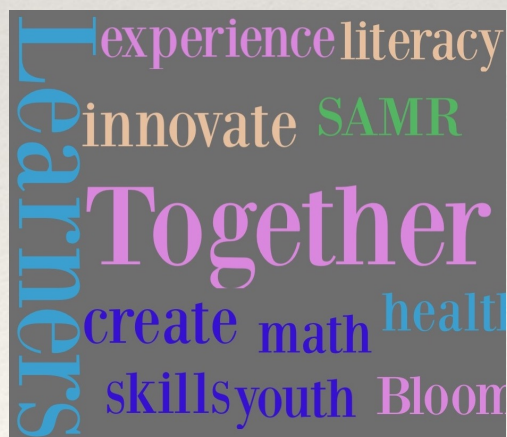


**Alyssa Tormala**

**@alytormala**  
**#CelebrateDiscomfort**



[www.learnerstogether.com/  
presentations.html](http://www.learnerstogether.com/presentations.html)

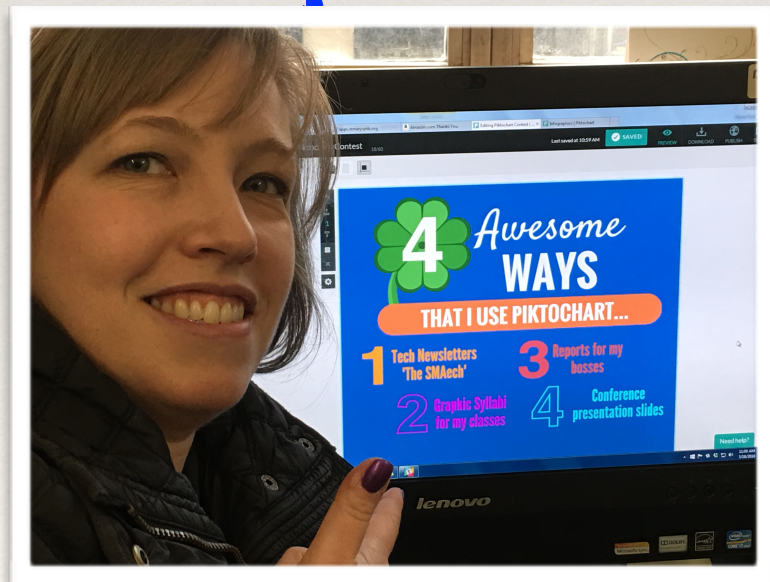




# Who am I?

Techie

Teacher



Coach



Knowledge is not enough.  
It's not even the place to start.



“Not only weren’t they discouraged by failure, they didn’t even think they were failing. They thought they were learning.”

Carol Dweck, *Mindset: The New Psychology of Success*



“It is not simply about being open to growth, but  
focusing on what new knowledge  
you can create with that growth.”

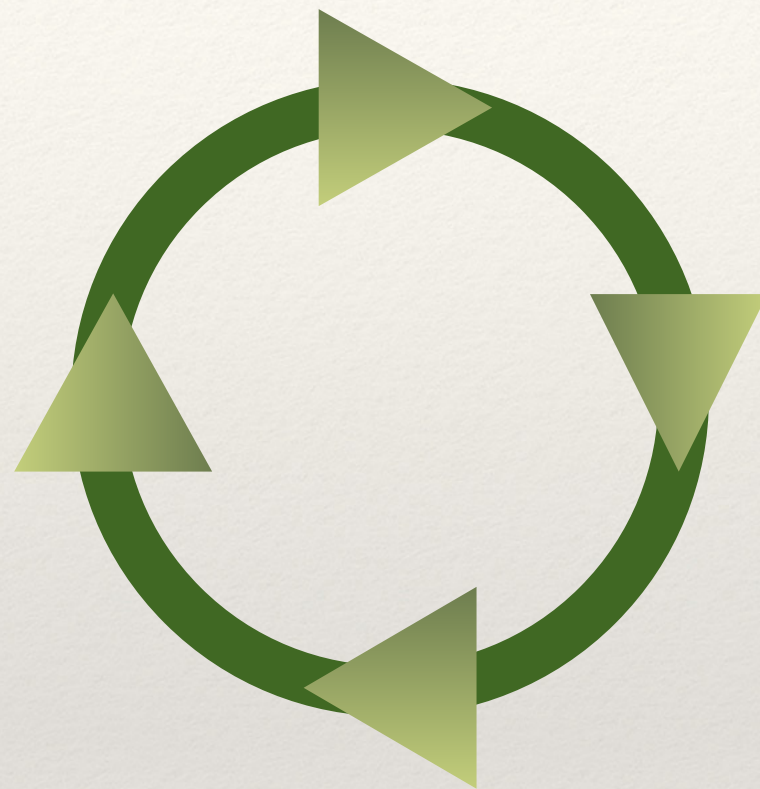
George Couros, The Innovator's Mindset



Risk

Innovation

Learning



Growth

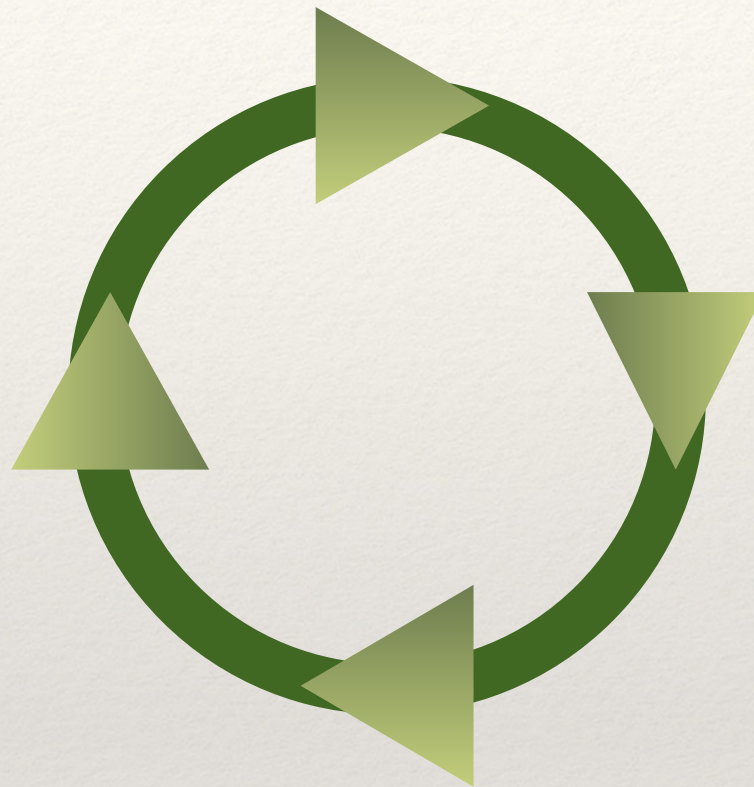


Risk

Innovation

Learning

Growth











Woo hoo!!



Empathize

Model

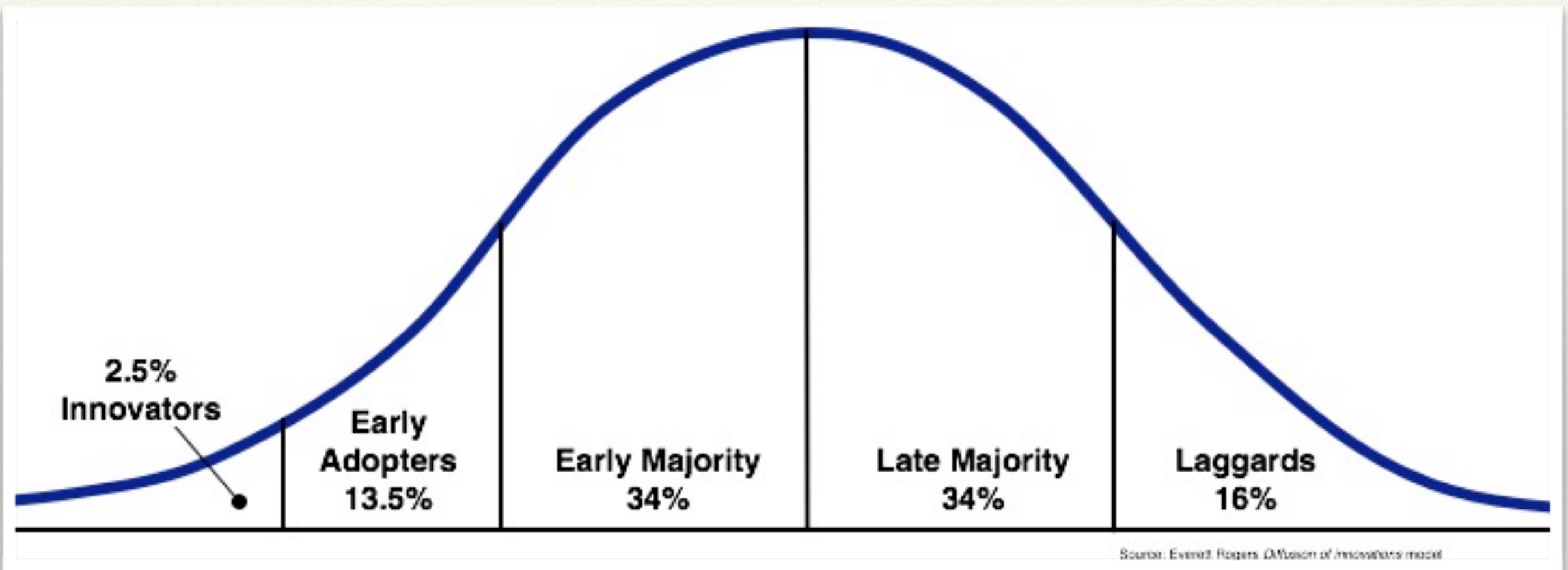
Celebrate



Know your people.  
Design your strategies for them.



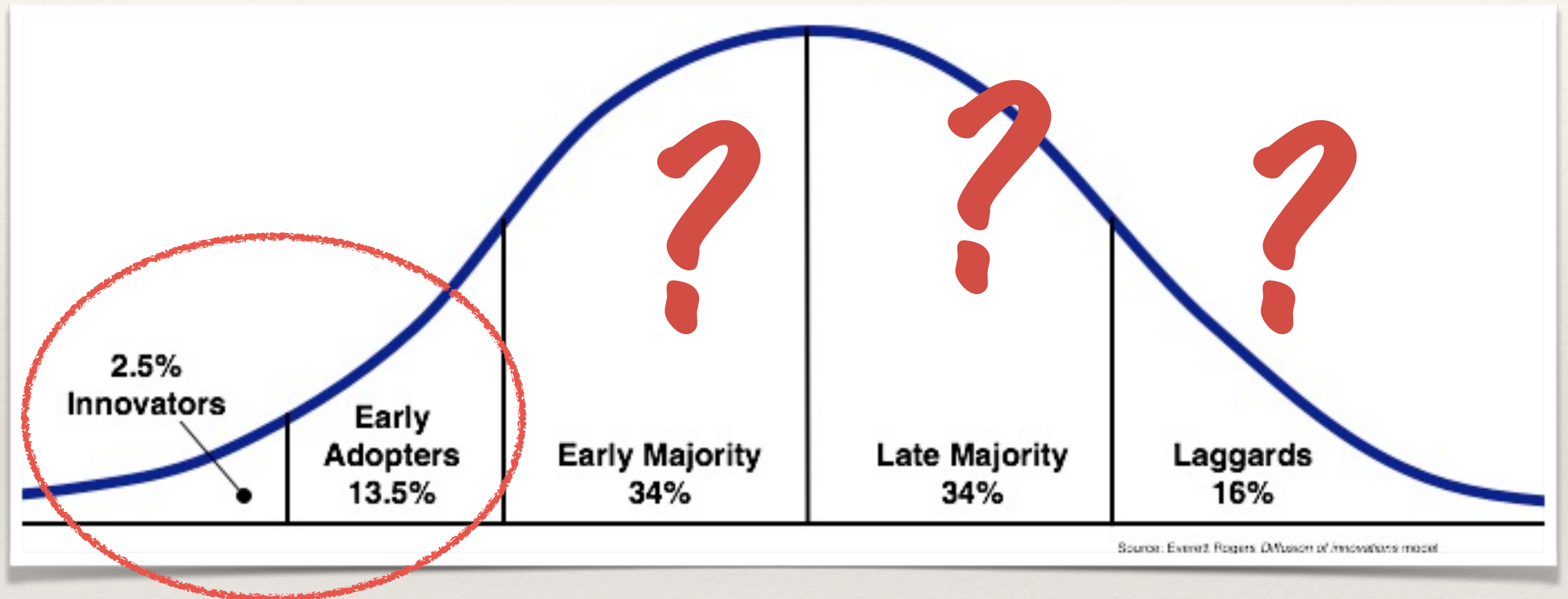
# How comfortable are they with change?



Diffusion of Innovation as discussed by Simon Sinek



If we only focus on the top 16%...



are we really serving all of our people?



What do these people usually say or do?





Translate: What's it like in their shoes?



What strategies work for each of those personalities?



Be vulnerable.

Be a visible learner.





St. Mary's Academy Staff Dances to 'Good Time' During the 2012-2013 Welcome Back Assembly

Sometimes you have to be willing to mess up in front of EVERYONE...



# LEARNERS TOGETHER: TEACHING WITH TECHNOLOGY

[THE BLOG](#)[PRESENTATIONS](#)[AUTHORS](#)[ABOUT](#)[FOR FAMILIES](#)[SMAECH NEWSLETTERS](#)

## "Who teaches email etiquette?"

1/18/2017

[0 Comments](#)

In January 2017, my school implemented a Digital Learning Day protocol during a three-day closure due to an unusual snow and ice storm. It was an act of quick thinking combined with a dollop of desperation and a dash of hope.

Overall, the protocol was even more successful than we could have hoped. Students and teachers used digital tools in smart, effective ways to continue the momentum of learning and review. But as snow day after snow day passed and finals week quickly approached, some students who were unhappy with grades or policies resorted to sending grouchy emails to faculty and administrators and posting snarky messages on class Schoology pages. While only a small group of students engaged in this behavior, it sparked questions from faculty directed my way.

"Who teaches email etiquette? Isn't that something students are supposed to learn in school?"

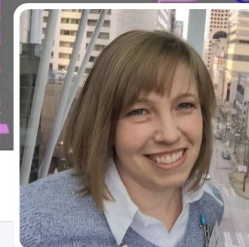


[RSS Feed](#)

### About this blog...

Learners Together is designed as a forum for sharing ideas, experiences and epiphanies about master teaching and technology.

Lead the charge by making  
your own learning visible.



**Alyssa Tormala**

@alytormala

Tech Coach & teacher @stmaryspdx. Adjunct @cu\_portland. Apple Learning Specialist. #AppleTeacher with Swift Recognition. Innovator. Tweets are my own.

Portland, OR

[learnerstogether.com](#)

Joined August 2012

TWEETS  
1,204

FOLLOWING  
947

FOLLOWERS  
836

LIKES  
2,236

LISTS  
3

MOMENTS  
0

Tweets

[Tweets & replies](#)

[Media](#)



**Alyssa Tormala** @alytormala · 23h

Want a chance to connect around innovation? Check out #IMMOOC created by @gcouros starting on Feb 27! [learnerstogether.com/1/post/2017/02...](http://learnerstogether.com/1/post/2017/02...)





Set a goal:

How will you be vulnerable and visible?



@alytormala  
#CelebrateDiscomfort



Notice the small risks too.

Make them visible.



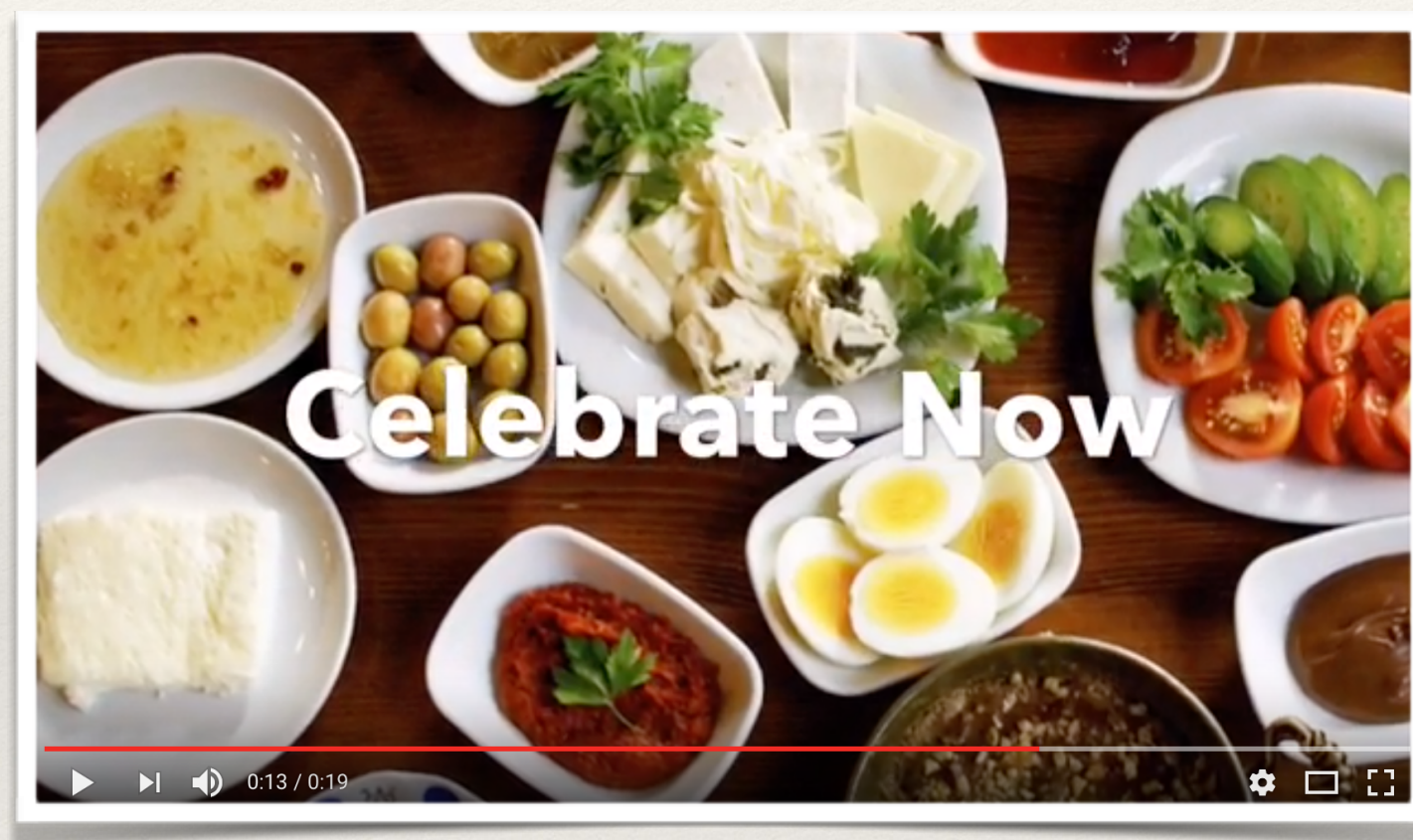


Only Superman can leap tall buildings in a single bound.

The rest of us have to take one step at a time.



# A success story...





# Celebrate those small steps!



## SMERD ALERTS!

Randy Kollars  
Carrie Housley  
Sara Salvi

*And a few others...you know who you are!!*

These awesome SMerds are all working on some excellent ideas for their One Best Thing projects--Ask them about their ideas!

*Way to go SMerds!!*

Do you know someone who should get a SMerd Alert?  
Email me with the details!



Alyssa Tormala @alytormala · Mar 11

This is what happens when teachers have fun with their students! Rock on @EllieLitGilbert and @KRHarrington7!



0:04 1 6



Alyssa Tormala  
@alytormala

S/o to @bMyComrade for awesome flipped Learning on our Digital Learning Day @stmaryspdx !

LIKE

1



8:34 PM - 3 Feb 2017



1



Reply to @bMyComrade @stmaryspdx



How will you celebrate discomfort in your community?



**@alytormala**  
**#CelebrateDiscomfort**



# Thank you!



Scan here for materials.

[www.learnerstogether.com/presentations.html](http://www.learnerstogether.com/presentations.html)