

Huzzah!!
Woo Hoo! Hurray!

Celebrating Discomfort

@alytormala



ST. MARY'S
ACADEMY

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 **IntegratED** Portland 2017



Learning Specialist



Apple Teacher
Swift Playgrounds

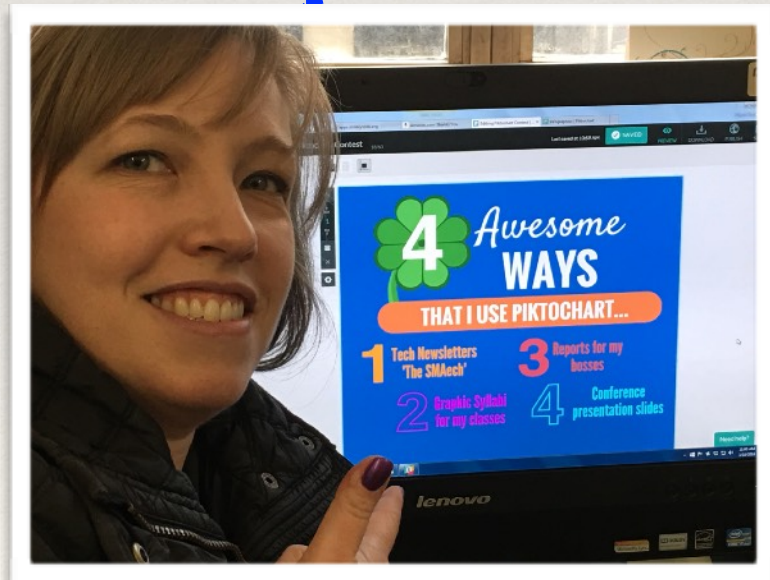
Who am I?

Techie

Teacher



Coach



Knowledge is not enough.
It's not even the place to start.

“Not only weren’t they discouraged by failure, they didn’t even think they were failing. They thought they were learning.”

Carol Dweck, *Mindset: The New Psychology of Success*

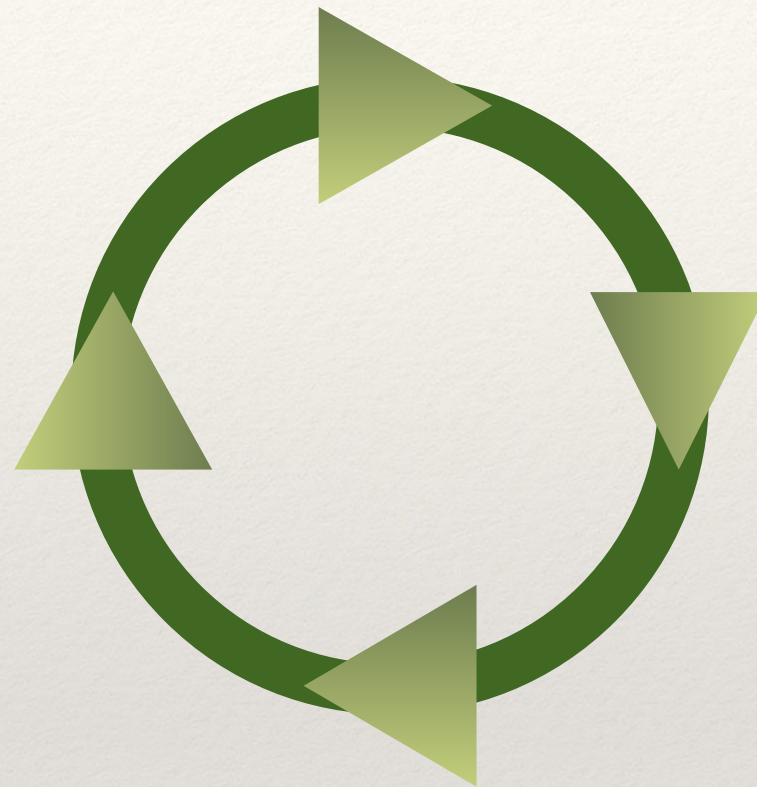
“It is not simply about being open to growth, but
focusing on what new knowledge
you can create with that growth.”

George Couros, The Innovator's Mindset

Risk

Innovation

Learning

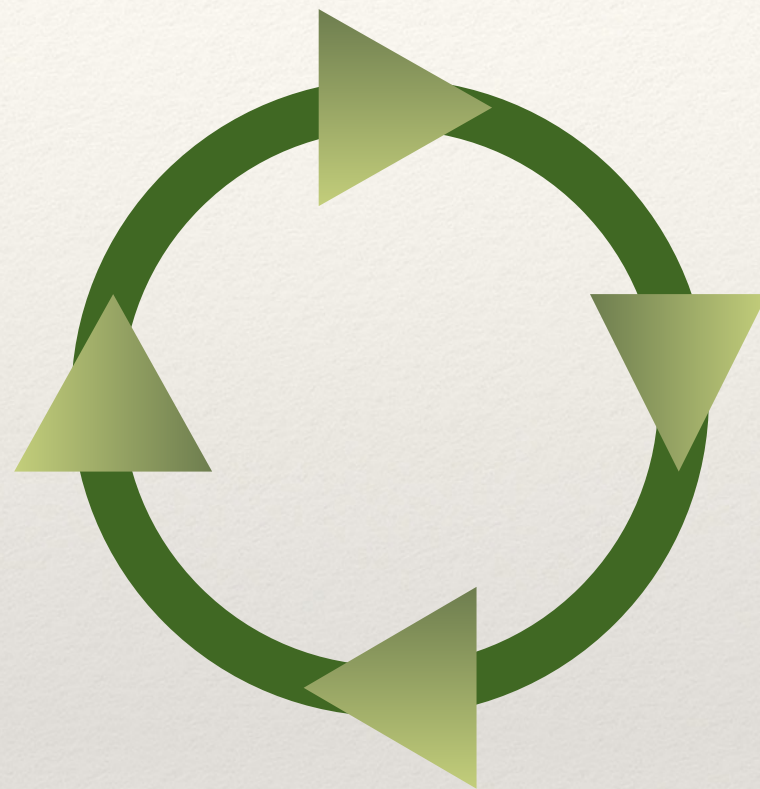


Growth

Risk

Innovation

Learning



Growth





Woo hoo!!

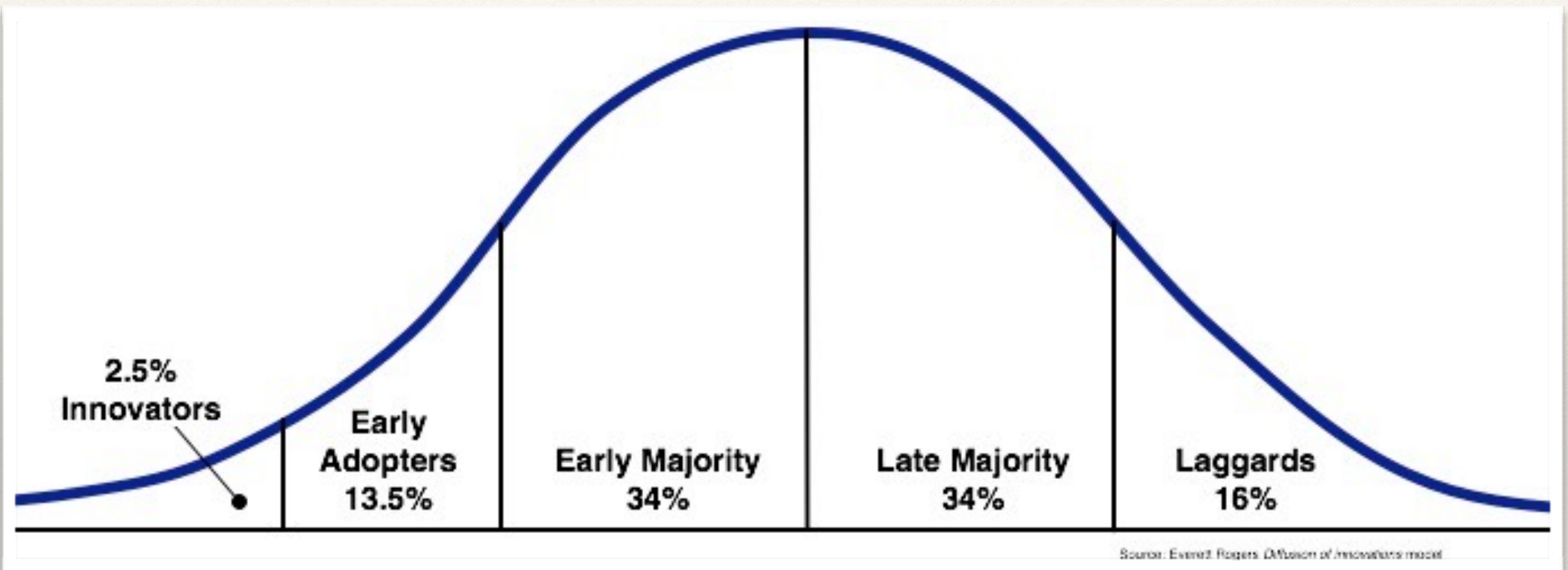
Empathize

Model

Celebrate

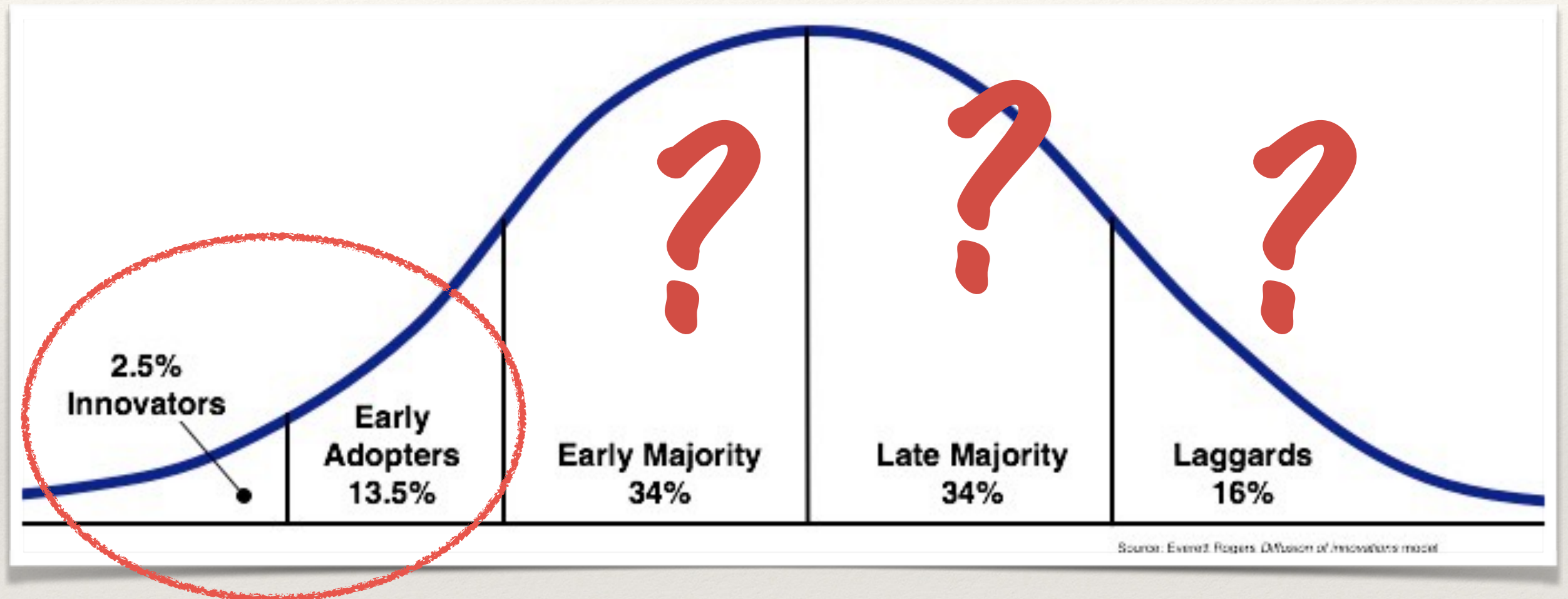
Know your people.
Design your strategies for them.

How comfortable are they with change?



Diffusion of Innovation as discussed by Simon Sinek

If we only focus on the top 16%...



are we really serving all of our people?

Discuss:

What do these people usually say or do?



Translate: What's it like in their shoes?



What strategies work for each of those personalities?

Be vulnerable.

Be a visible learner.



St. Mary's Academy Staff Dances to 'Good Time' During the 2012-2013 Welcome Back Assembly

LEARNERS TOGETHER: TEACHING WITH TECHNOLOGY

[THE BLOG](#)[PRESENTATIONS](#)[AUTHORS](#)[ABOUT](#)[FOR FAMILIES](#)[SMAECH NEWSLETTERS](#)

"Who teaches email etiquette?"

1/18/2017

[0 Comments](#)

In January 2017, my school implemented a Digital Learning Day protocol during a three-day closure due to an unusual snow and ice storm. It was an act of quick thinking combined with a dollop of desperation and a dash of hope.

Overall, the protocol was even more successful than we could have hoped. Students and teachers used digital tools in smart, effective ways to continue the momentum of learning and review. But as snow day after snow day passed and finals week quickly approached, some students who were unhappy with grades or policies resorted to sending grouchy emails to faculty and class Schoology pages. While only a small group of students from faculty directed my way.

"Who teaches email etiquette? Isn't that something students should learn?"

 [RSS Feed](#)

About this blog...

Learners Together is designed as a forum for sharing ideas,



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Adjunct @cu_portland. Apple Learning Specialist. #AppleTeacher with Swift Recognition. Innovator. Tweets are my own.

Portland, OR

learnerstogether.com

Joined August 2013

TWEETS 1,204 FOLLOWING 947 FOLLOWERS 836 LIKES 2,236 LISTS 3 MOMENTS 0

[Tweets](#) [Tweets & replies](#) [Media](#)



Alyssa Tormala @alytormala · 23h

Want a chance to connect around innovation? Check out #IMMOOC created by @gcouros starting on Feb 27!
learnerstogether.com/1/post/2017/02...

   3 

Discuss and set a goal:
How will you be vulnerable and visible?



Post your goal to Twitter

@alytormala

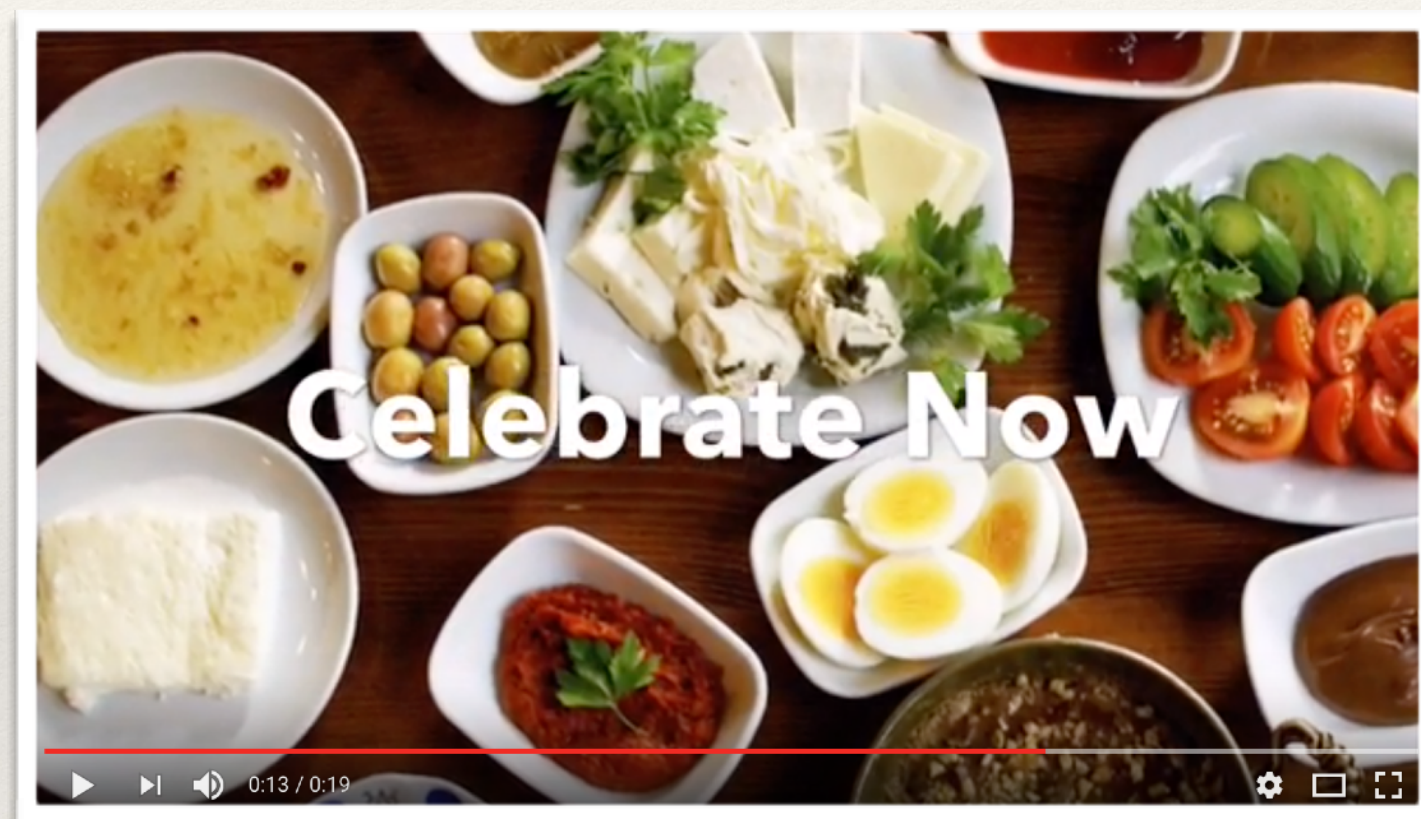
#CelebrateDiscomfort

Notice the small risks too.

Make them visible.



A success story...



Discuss and share stories...



<https://padlet.com/atormala/celebratediscomfort>



SMERDALERTS!

Randy Kollars
Carrie Housley
Sara Salvi

And a few others...you know who you are!!

These awesome SMerds are all working on some excellent ideas for their One Best Thing projects--Ask them about their ideas!

Way to go SMerds!!

**Do you know someone who should get a SMerd Alert?
Email me with the details!**



Alyssa Tormala @alytormala · Mar 11

This is what happens when teachers have fun with their students! Rock on @EllieLitGilbert and @KRHarrington7!



0:04 | 1 | 6 | ...



Alyssa Tormala
@alytormala

S/o to @bMyComrade for awesome flipped Learning on our Digital Learning Day @stmaryspdx !

LIKE
1



8:34 PM - 3 Feb 2017

1 | ...



Reply to @bMyComrade @stmaryspdx

How will you celebrate discomfort in your community?



@alytormala
#CelebrateDiscomfort

Don't forget to take care of YOU!